



Washington State Department of Health [Self-Screening Guidelines](#) for Staff and Visitors:

This guide is based on:

- Input from many agencies
- CDC advice
- A literature review of COVID-19 signs and symptoms

On the day of your skydive, **before** leaving your home, ask yourself if you have had any of the symptoms listed below that are not attributable to another condition...

- Cough
- Shortness of breath or difficulty breathing
- Or at least two of these symptoms:
  - Fever
  - Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste or smell

If the answer is yes, call the office at 360-568-7703 to reschedule your skydive to a date that is at least 14 days in the future. An exception to reschedule policy will be made, and your non-refundable deposit will remain on account.

We look forward to skydiving with you soon!

Reference documents:

Latest WS DOH guidance as of 6.21.20

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/Employervisitorscreeningguidance.pdf>